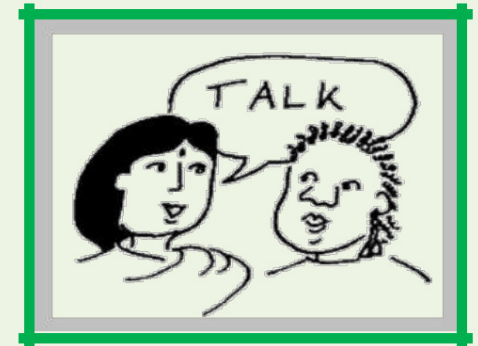


- Fed Up?
- Stressed?
- Feeling Down?
- Bad Memories?

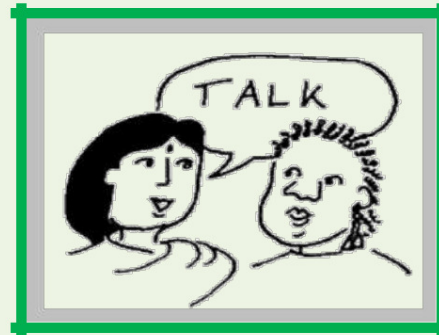


## Respect For All Counselling is

- One to One



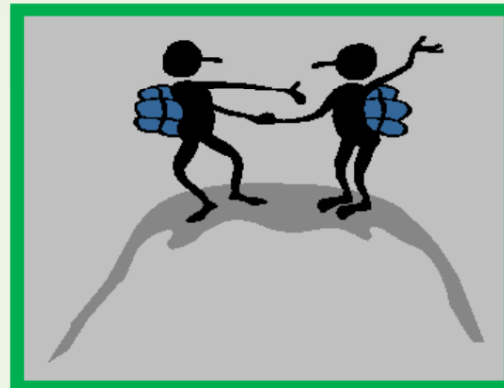
- Need Someone To Talk To?



- What you talk about is between you and your counsellor

## At Respect for All

- We listen
- We try to help



- They won't blab to anyone else.

## What do you mean, Respect?

## Your counsellor promises to

- Respect You
- Respect Your Feelings
- Respect Your Decisions
- Respect your Privacy

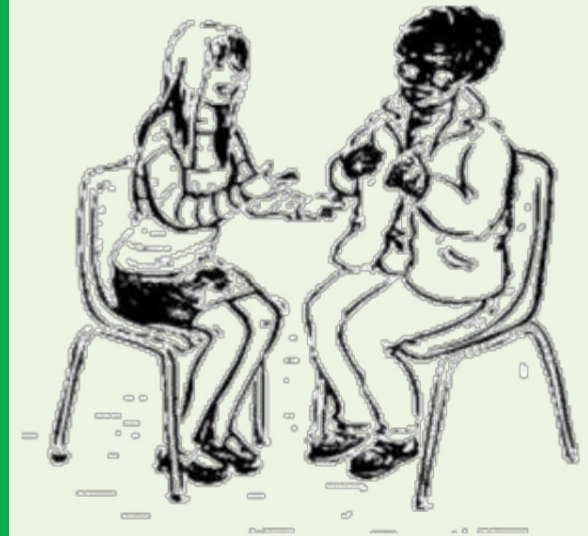


- It is your Counselling
- You are in charge
- You can take your time



## Respect For All Counselling

[www.respectforall.org.uk](http://www.respectforall.org.uk)



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