

NEW
Telephone Helpline

Respect For All Counselling

Mental health first-aid helpline and support service



Who is it for?

Residents of Greater Manchester who are:

- People with Learning Disabilities
- Autistic People
- Their family members and carers

We want to support any of these people who might be affected by the current Coronavirus crisis, or who just need some short-term telephone support.

Who are we?

Respect For All Counselling is a long-established counselling service covering the whole of Greater Manchester specifically to help autistic individuals, people with learning disabilities and their families.

Our counsellors will be running the helpline. Collectively, they have decades of experience in helping this group of people.

Call us on 0161 532 4075

Read more or request a call back at:
www.respectforall.org.uk/counselling/helpline

When is help available?

There is an answer phone available 24 hours a day.

Please leave a message, and someone will call you back during office hours.

The phones will be staffed 2 hours a day, with staggered opening times Mon – Sat. Please check our website for current times.

The service is planned to run for at least 6 months, possibly 12 months, depending on demand and the current ongoing situation.

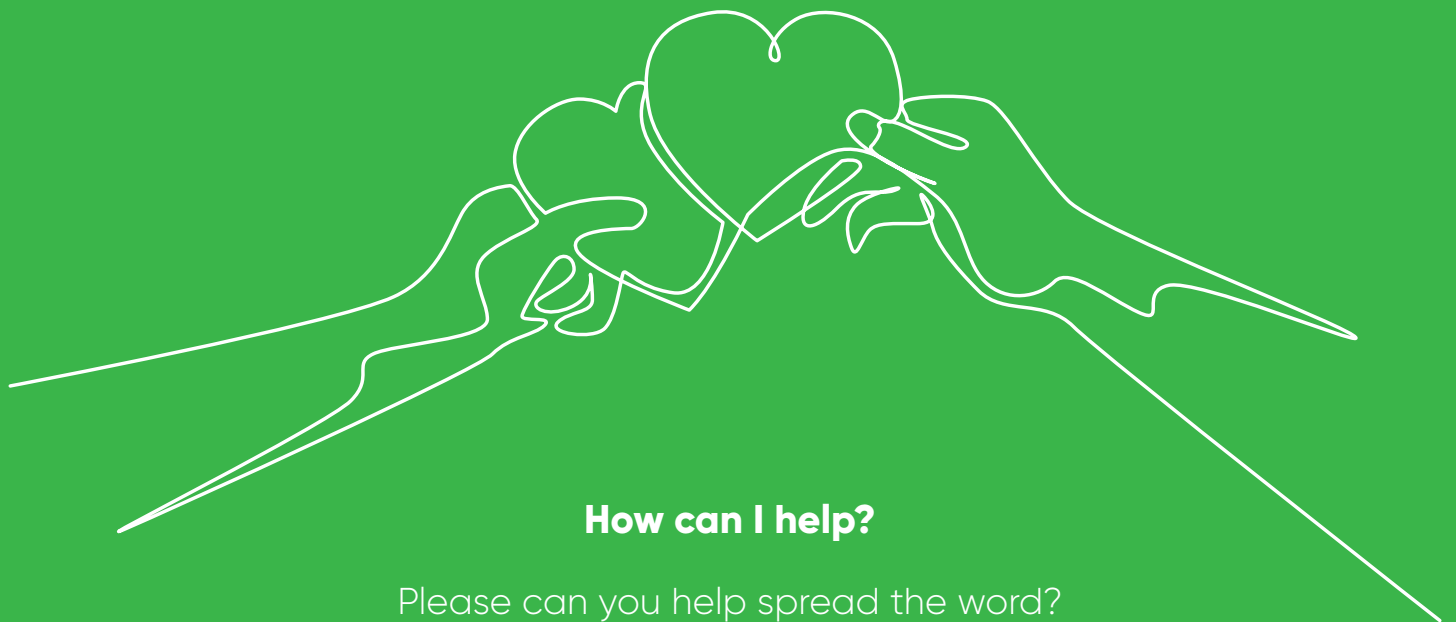
What help is available?

Our trained counsellors will listen and advise every caller.

We can provide a follow up service for a limited time, for those who need more help than one phone call can provide.

We will arrange to ring you back at a time that suits you.

We can also refer onwards to other organisations who might be able to offer practical help.



How can I help?

Please can you help spread the word?

We'd like to reach as many relevant people and organisations as possible!

Call us on 0161 532 4075

**Respect For All
Counselling**