

- Fed Up?
- Stressed?
- Feeling Down?
- Bad Memories?



Respect For All Counselling is

- One to One



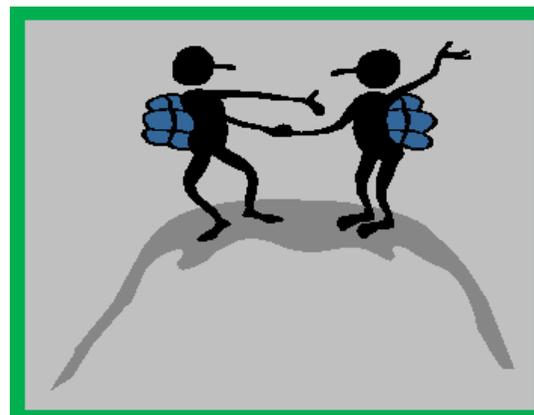
- Need Someone To Talk To?



- What you talk about is between you and your counsellor

At Respect for All

- We listen
- We try to help



- They won't blab to anyone else.

What do you mean, Respect?

Your counsellor promises to

- **Respect You**
- **Respect Your Feelings**
- **Respect Your Decisions**
- **Respect your Privacy**



**Respect For All
Counselling**

www.respectforall.org.uk



- **It is your Counselling**
- **You are in charge**
- **You can take your time**



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